

## Straight from the horse's mouth!

*"If you are interested in the substance misuse field, Cranstoun is a great place. The vast experience you get every day, here at Referrals, is different. Volunteering is very interesting; you learn all the time."*

**Melissa, Volunteer Cranstoun**

*"I had no previous experience of the field & volunteering has really opened my eyes to the problems of substance misuse. It's broken down a lot of my preconceptions about addicts and is incredibly rewarding."*

**Laura, Volunteer Cranstoun**

## Equal Opportunities

We deliver a quality service to people regardless of their gender, race, sexuality, nationality, religious beliefs or disability. We promote this important principle of equality and diversity in all of our work.

## For an Application Form, please contact:

**Laura Wilson, Administrator**  
**Cranstoun Central Office**

1st Floor St Andrew's House  
St Andrew's Road  
Surbiton, Surrey, KT6 4DT

**Tel:** 020 8335 1830

**Email:** [lwilson@cranstoun.org.uk](mailto:lwilson@cranstoun.org.uk)

The volunteer application form can also be downloaded from our website at:

<http://www.cranstoun.org/jobs/volunteers.aspx>



## Volunteer @ Cranstoun Positive Futures

Help Young People to explore & achieve their full potential through sport, art and music!



## Cranstoun

We are a not-for-profit organisation providing high quality, innovative, pragmatic, cost efficient & effective specialist services for those affected by drugs & alcohol and the communities in which they live.

### We Need You!

We really do! Drugs & alcohol affect a huge percentage of the population in the UK and with an ever increasing number of those needing support and an ever decreasing pot of money from the Government, we rely on volunteers like you to help us make a dent in the problem! Volunteers bring new skills, fresh perspectives, local community links & contacts and make Cranstoun an even more diverse & vibrant organisation.

### What Can We Offer You?

In short: a challenge. Working in this field can be exhilarating, fun & incredibly rewarding. You get to work alongside and learn from a dedicated bunch of people, gain valuable experience, on the job training, the potential to enroll on NVQs in Health & Social Care, attend lots of social activities and make a whole load of new friends!

### I Don't Know If I Can Do This...

Sure you can! No prior experience of the field is required. All you need is to be able to commit to a few regular hours every week or so, a passion for helping people and an interest in what we do. Our staff team will be there to support you every step of the way with advice, supervision & training.

## Positive Futures

**Positive Futures is a national youth crime prevention programme.**

Funded by the Home Office, the programme targets and supports 10-19 year olds to avoid them becoming drawn into crime, drug and alcohol misuse and helps them in moving forward with their lives.

Positive Futures gives young people the chance to develop the skills needed to get on a positive career path and take on roles as active and responsible citizens.

The programme is delivered through 91 projects in some of the most deprived communities across England and Wales.

In 2010-11 over 57,000 young people attended Positive Futures projects, involving nearly one and a half million contact hours.

Thanks to Positive Futures, thousands of young people are now in education, training and employment.

### Cranstoun Positive Futures

Cranstoun runs the Positive Futures Project in the Roehampton and Wandsworth area. We have strong links with the British Army base at Pirbright, with Arsenal Football Club and Doverhouse Lions; a local club in the Roehampton area. We run a varied programme of sports and cultural activities.



## Searching for Volunteers...

We are searching for enthusiastic & dedicated people who can help expand our current range of sports and activities to include new sports such as netball, hockey, rugby, tennis, American Football and rowing and we are also interested in setting up new performing arts-related groups. If you can help, please get in touch!

### Volunteers Will...

- Take part in setting up & running sports or activity sessions
- Help run sessions on drug and alcohol awareness
- Attend local meetings and take minutes or notes
- Help with general admin including data inputting on to the Positive Futures reporting system



### We Are Looking For...

- People who have qualifications in any sport-related field, especially sports coaching
- People with links to performing arts groups
- People who are enthusiastic about working with and inspiring young people
- Applicants should have good written and communication skills
- Applicants should ideally be computer literate, preferably with data input experience, but this is not essential, as full training will be provided!